
Family Care Foundation



Annual Report

Milestone: Family Care Foundation's 10th Anniversary

January 1997 through 2007, ten great years pursuing our noble mission to enhance the quality of life for all members of the global community, especially the poor, suffering, or disadvantaged.

We sincerely thank each of you, our friends and supporters, who have played a major part in our ongoing growth and success, helping Family Care Foundation touch thousands and thousands of lives worldwide during this past decade. Together, we've only just begun.

Snippets of appreciation received from our FCF Project Partners worldwide:

"Congratulations on 10 great years of service! ... There's so much we do now that we wouldn't have been doing if it weren't for being part of the FCF network."

"It was almost 9 years ago that you helped us with our first grant ...you can't imagine the huge impact that one grant has had here in the region!"

"We really found our calling when we got involved with FCF. ... By becoming an FCF project, you helped to train us in many aspects of organization, and prepared us for opening the Foundation that we now have."

"It was your pioneering efforts and sample that encouraged us to set up our charitable organization here... Your investments have made a tangible difference in the lives of a great number of people who have benefited from the grants we received from you, and have helped us to sustain our ongoing programs."

"I am most thankful for the level of professionalism that you all bring to your work. It inspires confidence in all who know and work with you and motivates me to want to work with the same kind of dedication."

"Today I met a young man who had worked for 12 years (from age 5 to 17) in the garbage dump where our project started. He now speaks English and is working on a cruise ship based out of the States. Thanks for helping us to reach out to people like him."

"Thank you for having been there for us throughout these many years. Our affiliation with FCF has helped to open many doors and enhanced our credibility in the eyes of the local government, institutions, and businesses."

"We have worked with FCF for two years now and are so thankful to be a part of such an out-of-the-box, far-reaching vision. It has helped us stretch our faith and try new things, because we knew you were working with us."

"It's all the little things – the fact that you don't charge any administrative fees, or even ask us to cover the cost of wire transfers, that you offer us free website and hosting – all generous gestures to show you're totally there to help us."

"Due to the need to document our work with FCF, we have gotten a major education. Our connection with FCF has trained us and challenged us to be responsible and professional."

"I actually enjoy doing the monthly reports – it helps me to appreciate what is being done – and then when I go on the FCF web site, I sit in astonishment and awe. I feel proud to be a partner of such an organization with such dedicated and capable people."

Family Care Foundation

- Acts as incubator for effective philanthropic ideas and entrepreneurial leadership.
- Provides humanitarian relief and development, as well as training and technical assistance.
- Makes giving internationally easier and more effective, eliminating many of the challenges encountered by those wishing to help deserving causes abroad.

INDIA: Post-Tsunami Rebuilding in Tamil Nadu

Many fishing villages, living at poverty line subsistence, were situated along the southeastern coast of India where the infamous Asian tsunami hit, resulting in loss of lives and livelihood that fateful December day. It's among these marginalized people in Tamil Nadu state that Family Care Foundation focused our rebuilding efforts.

Nearby the ocean, the tsunami wiped out crops and left the ground so salinated that nothing would grow. A bore well project near **Cuddalore** was used to organically desalinate farmland and turn things around. Through a 5-step process, beginning with drilling fresh water wells, and then flushing and twice neutralizing the soil, and adding gypsum, the soil can now produce crops again. The nine wells that were dug support 180 acres and will support farming families for generations to come. And instead of just one crop a year, the wells and irrigation system now result in three crops per year for the farmers.

In **Kovalam**, a fishing village south of Chennai, Family Care Foundation undertook building permanent housing units for villagers whose houses were washed away in the tsunami. Modeling the new housing around studies done on the houses that withstood the tsunami, the new design includes a filled foundation 4 feet off the ground, with rebar reinforced piles that go 14 feet into the sand.

For generations now, the families of **Karankadu** have struggled to find sufficient water to sustain themselves. What pool of water they did have was ruined by the salt water from the tsunami. The women must walk almost 4 miles (6 km) to find water to carry back on their heads for their families. Villagers have to catch a bus and travel for 8 miles (13 km) to take a bath and wash their clothes. A water harvesting system is helping to address this need.

Various schools and orphanages along the coast have been renovated. With the support of Drop in the Ocean (UK) and L'Oreal and in collaboration with the Claretians, Family Care Foundation undertook a large building project in **Karankadu village** in the very south of the country. This will provide a dramatic change for students in this village and the 12 surrounding ones, areas that presently have a lower literacy rating.

Students from 12 neighboring villages presently attend a high school in Karankadu, with many living there during the week in substandard housing. Despite the many external disadvantages, this school has nevertheless secured 100% pass results in the secondary examination conducted by the Government of Tamil Nadu.

With its partners, Family Care Foundation has undertaken the construction of a Children's Home that will house 150 students, adjacent to a new primary school, allowing them to study and have an opportunity to pass their SSLC 10th standard exam which is a minimum qualification for further education or to get a job.



One of eight pumphouses funded by Family Care Foundation, part of desalination program in Cuddalore.



Permanent housing units for fisher families, constructed by Family Care Foundation.



Renovated school in Cuddalore, attended by 1100 children, where 8 new classrooms plus bathroom and shower facilities were added.



Home for children under construction on the Karankadu campus in southern India.

INDONESIA: Post-Tsunami Rebuilding in Aceh Province

How do you describe a tragedy that smashes into a 500-mile coastline, causing much of the coastline to drop off the face of the earth, not just in an isolated location but for a distance equal from San Diego to San Francisco?



Virtually the entire Indonesian coast of Aceh province -- near the epicenter of the Asian tsunami -- is now anywhere from 100 yards to 2 miles less, the ocean having bitten off and swallowed a strip of land --including the people and houses situated there at the time.

After the initial relief efforts, Family Care Foundation invested in building fishing boats as a means of providing livelihood to many of the locals, helping to revive the local economy in the process. Family Care boats won the distinction of being “the first fishing boats back in the water after the tsunami”, and were also selected to appear in the documentary “Aceh And Its Success Stories One Year On”, produced by the Indonesian coordination body for Aceh reconstruction. Additionally, the UN-FAO chose a supervisor from the boat-making operation that Family Care utilized to be trained as the quality control officer for manufacturing for the whole province.

In the ongoing rebuilding efforts, Family Care Foundation felt it best to concentrate our resources and efforts in one location. And rather than choosing to undertake development in the capital, Banda Aceh, which has received the lion’s share of attention from international NGOs, to do so in a rural area outside the main city. Thus we chose a village in Lhoong, Aceh Besar district, which spans 28 villages, 24 of which were very hard hit.



One of many damaged and/or destroyed boats and means of livelihood in Aceh province.



This demolished van in Banda Aceh sits as a permanent monument of the tsunami’s destruction.



Local recipient of Family Care fishing boat (left) takes FCF Project Managers out for a ride.



Family Care boats won the distinction of being “the first fishing boats back in the water after the tsunami.”

In this location, we are creating a Family Care zone, where a free 24/7 medical center is presently being completed, including a one-of-a-kind ambulance service, and also where we are undertaking livelihood programs such as building a fish farm and restaurant.

It is our belief that the beneficiaries of the above-mentioned programs simply need a “hand up” in order to stimulate their own local economy. Their former villages do not even exist anymore. The land where they used to live is all underwater. The ocean adjacent to this village is too shallow to support boats with the popular, more economical onboard diesel engines. There is no industry nearby where anyone can find employment.

With a restaurant run in cooperation with the village, the whole village will profit. (And this project alone will generate jobs for 15 families, in addition to employing locals to construct it.) The vision is to set up a better quality restaurant for travelers traveling between Banda Aceh and Melaboh (main destination for mini-buses that travel the highway) as well as those traveling in NGO work.

We will train locals in health, hygiene and etiquette with the goal of the restaurant becoming reputable not only for its good food but also for its cleanliness standards. The chosen restaurant location has gorgeous ocean views on the one side and a mountain view on the other, and is right on the main coastal highway being constructed by USAID.

Among the reasons for concentrating our resources in one area is to create a model village plan providing forms of livelihood for the people. Almost everywhere you go in the former tsunami zone, you see half-finished undertakings by various NGOs. Family Care Foundation wants to create a fully functioning refurbished zone, including livelihood undertakings (likewise absent in most other localities) and with the goal of sustainability. It’s our opinion that one working sample that can be replicated is worth far more than scattered results.

To quote our Family Care Foundation partner in Banda Aceh, “Immediately after the tsunami emergency everyone gave from their hearts, which is what was needed at the time. But now is the time to give using our heads.”



Family Care ambulance, prior to being based at 24/7 medical center, was used to transport volunteer doctors and nurses to free medical camps.



Children and adults in outlying villages, that presently have no medical services, benefit from Family Care’s mobile medical camps.



New beachfront restaurant under construction will bring livelihood to this Indonesian village, as well as good food and services to travelers.



Fish and prawn from the fish farm will supply the needs of the restaurant, as well as the village itself.

Grants and Program Support

The following is a sampling of grants, distributions, humanitarian aid and program support given in 2006.

Asia

Family Services India **\$88,689**
Bangalore, India
Building children's hostel

SHARE **\$45,381**
Chennai (Madras), India
Permanent housing for tsunami victims

Helping Hands Korea **\$40,000**
Seoul, S. Korea
Assistance to North Korean refugees

Family Care Cambodia **\$34,676**
Phnom Penh, Cambodia
Building children's hostel

FESF Karachi **\$24,791**
Karachi, Pakistan
Renovation of hearing impaired vocational school in Lahore;
Earthquake relief

New Horizons **\$21,076**
Pune, India
Community center for street children

CVR Ministries **\$17,493**
Taiwan
Program support

Siam Family Services **\$9,335**
Chiang Mai, Thailand
School programs

Central Thailand Mission **\$8,841**
Bangkok, Thailand
School programs

Family Care Indonesia **\$8,669**
Jakarta, Indonesia
Tsunami rebuilding,
emergency relief

FCF Project Manager Featured in TIME Cover Story

Helping Hands Korea, Seoul, Korea

TIME magazine Asia featured Tim Peters of Helping Hands Korea in its cover story, covering the escape of a North Korean refugee to Thailand, of which a version also appeared in TIME's international edition. An excerpt of the 6-page article:

"Tim Peters runs the Seoul-based charity Helping Hands Korea. More than any other Westerner, Peters has become the public face of a network of activists... who have devoted their lives to helping North Koreans, including many living illegally in China, escape to freedom in South Korea.

"Peters formed Helping Hands Korea in 1996, and within just two years, as refugees tried to escape the famine, the beginnings of the underground railroad took shape.

"He and others in the network compare it to the Underground Railroad which took African-American slaves from the South to freedom in the North. The activists are convinced that their cause is as urgent as the abolitionists' was. "When we look back at this era, at what North Korea has done to its people, I'm convinced the civilized world will be shocked and also shamed," Peters says. "In the meantime, we do what we can."

"A successful operation needs money, a meticulous plan and reliable people. The operatives working in China are critical. Peters and [other activists] prefer to depend on fellow activists but will work with trustworthy brokers. There's no magic formula for knowing how many people or how much money is needed. Nor can the route be specified in advance, although right now there are two hot roads out of China--one through Mongolia, another through Laos."



Tim Peters featured in TIME magazine cover story.



True Calling: Tim Peters realized his mission was to aid North Koreans.

Photos courtesy Time magazine

Family Focus Bangalore, India Youth development training	\$6,361	Polio Child Relief Mumbai, India Free polio operations	\$2,700	South/Central America
Cornerstone Project Phnom Penh, Cambodia Quality care for orphans	\$5,400	Asiavision Bangkok, Thailand Education of institutionalized children	\$2,000	Los Andes Mission \$23,335 Trujillo, Peru Aid to impoverished families
Friends in Deed Bangalore, India Training for hearing-impaired	\$3,272	Family Volunteer Services Nepal Katmandu, Nepal Apartment for orphaned children	\$1,815	FEDES \$5,550 Santiago, Chile Vocational school assistance
Chiang Mai Family Services Chiang Mai, Thailand Quality care for orphans	\$3,240	Project ESARN Khon Kaen, Thailand Special Olympics program in Laos	\$1,680	Overseas Missions \$4,351 Santiago, Chile Program for orphans and abused children

IT Skills Empower the Hearing-Impaired

Family Educational Services Foundation (FESF), Pakistan

Deaf Reach School and Deaf Reach Training Centers, which currently operate in Karachi and Lahore, provide a place of excellence where the deaf and hearing-impaired can develop their full potential and increase their opportunities for success. Courses are designed to meet the academic and vocational needs of the deaf community, with particular emphasis on English and IT training, as well as communication skills, sign language and social skills. Through the Job Placement Program, graduates are able to obtain gainful employment whereby they can help to support their families and be self-sufficient.

Emphasis on language skills and IT development has made a real impact in the lives of hearing-impaired women here, part of our goal of empowering women.

Hifza, 17, is totally deaf, as is her 15-year-old brother. Both have been students of Deaf Reach for the past four years. In addition to her courses in English and Sign Language, Hifza has also gained valuable IT skills. To compliment her training in MS Office applications, she is now beginning a course in Graphic Design.

In talking to Hifza, she tells us that she wants to become a teacher so she can teach other deaf people. She is also interested to work part-time in an office at a computer job. Hifza says, "I enjoy learning and I am happy I can have this opportunity. It is not easy for deaf women in our country. I want to be a role model for other deaf young women."



Hearing impaired students learning IT in the Lahore facility of Deaf Reach Training Center.



Hifza learning IT skills including MS Office applications and graphic design.

Healing Colombia Bogotá, Colombia Drug prevention program	\$2,593	Africa	Africa Radio Ministry Kampala, Uganda Public service radio	\$6,315
AB Care Sao Paulo, Brazil Aid to impoverished families	\$2,232	Miles for Smiles Arusha, Tanzania Teacher training and education	Eastern Europe	
Casa de Corazones Guatemala City, Guatemala Pre-natal care center	\$1,400	African Educational Services Lusaka, Zambia Building an orphanage	Healing Hearts Kosovo Prishtina, Kosovo Motivational programs	\$13,868
Fazendo do Mundo Lago Sul, Brazil Assistance to abandoned children	\$700	Matumaini Durban, S. Africa AIDS care and counseling	FAVOR Bucharest, Romania Renovation of Transitional Home	\$6,260

Latin America's One-of-a-Kind Vocational Course - Food Processing *Fundación Educativa de Desarrollo Economico y Social (FEDES), Santiago, Chile*

In collaboration with the Chilean government, FCF project partner Fundación Educativa de Desarrollo Economico y Social (FEDES) established a Vocational Training School for the underprivileged.

FEDES' latest innovative training course is a Gastronomy and Food Processing module. As the only school of its kind in Latin America, this new training course has already proven to be of great interest to both the public and private sectors, in addition to supplying free education and on-the-job training to underprivileged young people.

The program is being organized in consultation with the national school lunch program JUNAEB and the Association of Microbiology and Hygiene, as well as other experts in the food processing industry, in addition to managers from several multi-national companies. So the curriculum is being designed in such a way as to accommodate the specific needs of all these companies. Already, JUNAEB, which serves 2,300,000 meals each day, are signing up their supervisors nationwide to receive this training.



Gastronomy class, part of FEDES' new Food Processing module.

Incorporated into the classroom is the space necessary to do both conventional as well as industrial-type cooking classes, such as the "cook and chill system." The Chilean government has recently set forth as a goal to have all companies that prepare food for the school system to begin using this method, as it guarantees children will receive a high standard meal in the most efficient way.

In return, the companies involved will hire the students upon graduation. But graduation does not mean the

end of FEDES' involvement in the molding of these young lives. Post-graduation follow-up ensures that each student is keeping up with their jobs and being consistent. With those who have opened their own micro-enterprise ventures assurance is made that there is a basic understanding of all that is involved in the running of a successful business and that government paperwork is kept up.

Sonce V Srcu (Balkans Relief) Sarajevo, Bosnia Drug awareness program	\$4,770	Pruzena Ruka (Proj. CHARM) Medjimurje, Croatia Humanitarian aid	\$900	Rescate Monterrey, Mexico Food & Clothing Distribution	\$4,898
Firefly Project Kiev, Ukraine Humanitarian assistance	\$4,240	Mexico/Caribbean		Silver Lining Saltillo, Mexico Food & Clothing Distribution	\$3,685
FES, Istanbul Istanbul, Turkey Educational program support	\$2,800	MexCity Mission Mexico City, Mexico Leadership training, Orphanage care	\$34,800	Project HELP Mexico City, Mexico Food & clothing distribution	\$2,540
FES, Southern Turkey Southern Turkey Educational program support	\$1,050	Love in Action, Guadalajara Guadalajara, Mexico Medical and food assistance	\$13,175	Puerto Rico Outreach San Juan, Puerto Rico Education, program support	\$6,000

Matumaini means “hope” for AIDS Orphans

Matumaini, Durban, South Africa

FCF project partner, Matumaini (“Hope”) in Durban, has been supporting the AIDS orphanage sector of society for a number of years.

In South Africa, 50% of all new HIV/AIDS infections are amongst teenagers. And in rural areas, it is not surprising to hear of 7-8 year old girls already involved in sexual relationships with 14-15 year old boys, in exchange for a can of Coke or a hamburger! Among other programs, Matumaini hosts AIDS awareness seminars with senior primary school students in rural areas, educating them on the dangers of this deadly virus, how to avoid it & prevent it at all cost.

Matumaini also has programs in local AIDS orphanages, including enhancing the children’s nutritional needs by delivering food on a regular basis (fruit, vegetables, meat, and bread). In many cases, school fees, uniforms, and shoes are also supplied for many of the orphans, enabling them to attend school. Also in the educational arena, Matumaini seeks to bridge the digital divide by donating and installing computers and computer software in several of the orphanages they work with.

A recent initiative was to build a fully equipped basketball court at the Kulani Kahle (“Grow Well”) Children’s Home. A local company donated the asphalt and equipment for the foundation of the court, and the children watched on in amazement as their dream became a reality before their very eyes. To highlight the fact that this was their very own basketball court, each orphan received a personalized basketball with his or her name printed on it.

Now they can practice anytime they like, and remember with each hoop they shoot that they are not alone in their struggle for life, but that there are those out there who say, “I care!”



Handsome and wholesome orphan boys who benefit from Matumaini’s program.

Short-term International Volunteers Help Achieve Long-Term Goals

Family Care Cambodia, Phnom Penh, Cambodia

Utilizing the help of short-term volunteers visiting from abroad, Family Care Cambodia (FCC) which signed a Memo of Understanding with the Cambodian government, has undertaken new programs in the communities of Phnom Penh Thmai, Sen Sabbay, and Siem Riep.

FCC's primary focus within these communities is the care, education, health and training of the children of underprivileged families. Additionally, FCC has launched health and hygiene projects and organized free medical checkups. Learning to keep clean is essential for these children as sickness and skin disease are rampant throughout the villages.

Swiss volunteer, Manuel, painted a wall mural at a child protection shelter that is being renovated with funding from Drop in the Ocean (UK). At San Sabbay, British volunteers organized special classes, sports and activities for the children. A group of New Zealand volunteers helped with medical treatment.

A major renovation project has been launched in Sen Sabbay village aimed at assisting needy families in the repair or rebuilding of their simple bamboo or tin houses. Many of these huts belong to elderly couples who have taken over the care of their young grandchildren, often because the children's parents are sick or have died of AIDS.



The cost of the simple log, bamboo & thatch building materials to upgrade housing for locals works out to only \$20-\$40 per dwelling.

STATEMENT OF FINANCIAL POSITION

	2006	2005
ASSETS		
Cash and Cash Equivalents	\$365,572	\$428,357
Receivables	267,208	332,446
Investments	498,348	286,033
Fixed Assets	469,805	426,107
Other Assets	74,906	45,082
Total Assets	\$1,675,839	\$1,518,025
LIABILITIES		
Accounts Payable	48,082	57,086
Deferred Revenue	2,000	4,000
Mortgage Payable	306,487	355,325
Total Liabilities	\$356,569	\$416,411
NET ASSETS		
Unrestricted Net Assets	550,258	627,890
Temporarily Restricted Net Assets	690,497	448,003
Subtotal Net Assets	\$1,240,755	\$1,075,893
Unrealized Gain on Securities	78,515	25,721
Total Net Assets	\$1,319,270	\$1,101,614
Total Liabilities and Net Assets	\$1,675,839	\$1,518,025

STATEMENT OF ACTIVITIES

	2006	2005
INCOME		
Contributions/Grants	3,006,670	2,699,092
Gain/Loss on Sale of Assets	4,451	4,473
Other Income	161,366	84,998
Total Income	\$3,172,487	\$2,788,563
EXPENDITURES		
Grants, Allocations, Program Support and Services	1,197,602	1,341,142
Operational and Other Costs	1,810,023	1,312,558
Total Expenditures	\$3,007,625	\$2,653,700
CHANGE IN NET ASSETS		
Change in Net Assets	164,862	134,863
Net Assets at Beginning of Year	1,075,893	941,030
Net Assets at End of Year	\$1,240,755	\$1,075,893
	<i>As-yet-unaudited</i>	<i>Audited figures</i>



Initial medical consultation.



Free prescriptions as needed.



The blind are made to see.



One of our surgical theaters in use.

Bringing Free Health Care Throughout Nigeria

Family Care Association Nigeria – Lagos, Nigeria

For over 11 years, Family Care Nigeria has been bringing free health care to the rural poor and needy throughout all the states of Nigeria.

Their latest initiative, which concentrated its efforts in Erema (River State), southeast Nigeria, brought a team of 68 medical professionals and logistical staff together for 7 days, with the goal of bringing medical relief to thousands of expectant participants who had come from all over the State to receive treatment.



After an initial consultation, each patient is guided to the unit that will take care of their specific need: dental, optometric, ophthalmologic, or surgical. Those only requiring medication are sent directly to the pharmacy to collect their prescription. The blind are led into the make-shift operating theatre by their families, in great hope that their loved one will soon receive sight through a cataract removal or other eye procedure. A counseling room is also set up in order to help and assist anyone who has fears about what they face, need specific advice, or have a non-medical health problem that cannot be helped via medical means.

Not only are the lives of the individuals themselves and their families changed, but the impact of seeing small children who can finally see, and others who could never afford surgery going off to now live a long, normal and hopefully productive life, profoundly affects each volunteer as well, be they doctor or staff.

Nearly 4,300 medical procedures were done during the one-week period, including 3,276 doctor's consultations and pharmacy out-patients, 603 ophthalmic consultations, 250 dental patients, 99 general surgeries, and 37 eye surgeries.

Many people who are treated later return to bring fruit or other small items to offer in gratefulness for the care they have been given. Seeing lives changed so drastically has made all the hard work, logistical problems, and other difficulties encountered in setting up these medical camps worth it.

*Caring for today
Investing in tomorrow*



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*Above photo: Deaf orphans learning
sign language in India.*

*Cover photo: Former street children
in Wahgoli orphanage, Pune, India.*