
Family Care Foundation



Annual Report

Caring for today . . .

At Family Care Foundation (FCF), these guiding

Polio Operations Completely Free of Charge!

Polio Child Relief, Mumbai, India

Polio Child Relief Mumbai (PCRM) organizes regular medical camps providing free polio operations for the handicapped children of the slums of India's largest city, Mumbai (Bombay). PCRM provides effective, yet inexpensive, corrective surgery for crippled children whose families would otherwise be unable to afford it. (Note: A standard operation can be performed for US \$100 per child, while the more difficult limb-lengthening surgery is \$210.)

FCF Project Manager Josef Suess of PCRM reports, "India is home to 70% of the world's polio cases. Working together with the Bombay Foundation for Polio and Disabled, and with sponsorship from Family Care Foundation, we begin by networking with the local media to advertise in the slums and identify children in need of our services."

"Our medical camps are attended by renowned surgeon and polio specialist Dr. Paresh M. Desai. Polio victims from Mumbai and surrounding areas receive free examinations, and many receive immediate correctional surgery."

PCRM staff care for each patient individually, in addition to assisting in the operating room, while others help with transporting and situating the patients. Volunteers also distribute clothing, blankets, and other necessities to the patients and their families during and after the camp, as part of the follow-up care and post-operative therapy included.

Suess concludes, "The smiles on the faces of these now hopeful youngsters are worth all the effort involved!"



Angura had polio since age 2, and was severely deformed.



Angura's legs now straight after successful treatment.

Investing in tomorrow

principles are much more than a mere slogan.

Technology Transfer to Impoverished Communities

Family Educational Services, Adana, Turkey

Financial hardship in Turkey dictates that children are usually required to quit school at young ages, and derive some form of income in order to help provide for their large families. Many kids end up toiling long hours at low pay at an age when they should still be enjoying childhood.

In coordination with FCF, we donated a hundred computers and monitors to the GAP Government Regional Center in Urfa, which in turn installed Turkish-language programs and set these up in a dozen Multi-Purpose Community Centers throughout the Southeast of Turkey. We have set up and/or expanded existing computer labs in the cities of Urfa, Adiyaman, Diyarbakir, Batman, and Siverek. (Plans are to expand these labs into Mardin, Nusaybin, Sirnak, Oludere, and Siirt.)

These Multi-Purpose Community Centers are run by the GAP Social department and are located in some of the poorest neighborhoods of these cities. The labs are staffed by volunteer teachers, and designed to educate women, young people and children in computer basics.

Introducing computer literacy into this environment opens incredible new doors of opportunity for these individuals.



Truckload of computers enroute to Multi-Purpose Community Centers throughout south east Turkey.



Some of the children benefiting from the Diyarbakir Computer Lab.



Students learning computer skills at Siverek computer laboratory.

FCF's critical strength is the breadth, depth, and scope of our programs.



Our programs build on the extensive experience and broad network of our local project managers in 45 countries.

Basic needs that we take for granted are considered luxuries by many in developing nations.



FCF provides both direct service delivery as well as training and technical assistance to the disadvantaged.

Grants and Program Support

Grant making and program support totaled **\$2,678,517** in 2003: \$596,802 in cash support, and \$2,081,715 in humanitarian aid and in-kind program support.

The following is a sampling of grants, distributions, humanitarian aid and program support given in 2003.

Asia

Family Educational Services Karachi

\$10,111

Karachi, Pakistan
Vocational education of hearing-impaired

Family Educational Services Lahore

\$2,500

Lahore, Pakistan
Vocational education of hearing-impaired

Helping Hands Korea

\$8,489

Seoul, S. Korea
Assistance to North Korean refugees

Eternal Vision

\$8,314

Iloilo City, Philippines
Free optical testing and fittings

Voice for the Deaf

\$6,905

Hyderabad, India
Training for hearing-impaired

Polio Child Relief

\$5,889

Mumbai, India
Polio camps for disadvantaged children

Sahara Centre for Residential Care

\$4,000

New Delhi, India
AIDS treatment/vocational training

Shalom

\$2,100

Churachandpur, Manipur, India
HIV/AIDS community care center

Bel-Air Hospital of Param Prasad

\$2,000

Satara, Maharashtra, India
HIV/AIDS community care center

New Horizons

Student Interchange \$22,908

Pune, India
Youth leadership program/Rebuild crèche

Samaritans

\$3,746

Bangalore, India
Underprivileged/terminally ill children

Family Services Bangalore

\$3,538

Bangalore, India
Youth leadership program

Family Focus

\$2,723

Bangalore, India
Youth development training

Community Center in the Slums

New Horizons Student Interchange, Pune, India

The crèche we rebuilt is on the outskirts of the biggest slum in Pune, a city which draws nomadic tribal people in search of income. (A "crèche" is a type of community facility at which various basic services and necessities are provided to the poorest of the poor.)

We first replaced the roof of the existing building — a structure comprised of a mixture of tin and plastic — and then focused our efforts on bricking the walls. Sewage diagrams were non-existent so we dug up the street to find the main drain to tap into the pipe and provide the drainage we needed! We then added running water and a bathroom, and completely rewired the building, adding new fans and fluorescent lights. Our young volunteers painted the whole place a pristine white and added a full wall mural.

On the wall of the crèche is a VCD video player and color TV, to view a set of donated bi-lingual (English and Hindi) educational videos. Furniture, chairs and bookshelves were donated by local businesses to fill out the property.

Thirty-five children attended the original crèche while their mothers worked as day laborers. Attendance has now increased to eighty-five children, with plans to add another floor to the building.



Our multi-national team of students from the United States, Mexico and Japan painting a wall mural in a new classroom.



The children study in a newly plastered schoolroom. In the rear is the new equipment storage closet, and the children's snack boxes.

Family Volunteer Services Nepal	\$6,000	South/Central America	Casa de Corazones	\$5,657
Kathmandu, Nepal Health clinic and workers' training		FEDES	Guatemala City, Guatemala Food & clothing assistance/prenatal care	
Central Thailand Mission	\$2,775	(formerly Hearts in Hands)		
Bangkok, Thailand Socialization program for orphan adoption		Santiago, Chile		
Builders of the Future	\$2,000	Vocational training school		
Bangkok, Thailand Drug awareness & prevention program		Humanitarian Aid		
Family Care Indonesia	\$5,000	Casa Cumbre Presentations	Mexico	
Jakarta, Indonesia Computer training labs for orphans		Lima, Peru	MexCity Mission	\$31,290
Family Educational Services	\$4,745	Education for institutionalized children	Mexico City, Mexico Orphanage assistance	
Adana, Turkey Education & assistance to impoverished families		Los Andes Mission	Amy Carmichael's Caring Home	\$8,188
Family Care Lebanon	\$2,360	Trujillo, Peru	Morelia, Mexico Orphanage renovation	
Beirut, Lebanon Micro Enterprise for the institutionalized		Housing and food program for street children	Corazones Unidos	\$6,179
		Healing Colombia	Morelia, Mexico Education & food assistance	
		Bogota, Colombia	Project HELP /La Familia Futuro	\$5,043
		Drug prevention program	Mexico City, Mexico Health and hygiene program School sponsorship	
		Amor en Accion		
		Santiago, Dominican Republic		
		Educational seminars		

Vocational Training School

FEDES, Santiago, Chile

In collaboration with the government, our Vocational Training School program teaches trades to young people from underprivileged backgrounds. In addition to receiving a free education and on-the-job training, these youth receive their lunch and transportation as part of the program.

Local social services help us determine individuals' eligibility for the program. Some of the principle criteria is the inability of the potential student's family to pay for his or her education, professional inclination of the candidate, and the desire of the potential student to study and to pursue a given profession in order to be able to support themselves and their family.

Training courses include computer assembly and repair, electrical engineering, plumbing, sewing and design, carpentry and furniture construction, as well as restaurant and bartending services.

Additionally, the training provided enables the students to acquire a proactive attitude and mindset, through learning people-handling skills, efficiency, time-management, team working, and marketing to prepare them for the job market.



Young man from underprivileged background receives on-the-job training in electrical engineering.



Students receiving hands on instruction in FEDES computer lab.

Guadalajara Youth Rescue \$2,870	Matumaini \$14,307	Bwafwano Community \$2,000
Guadalajara, Mexico Youth character development program	Durban, S. Africa AIDS counseling and care	Lusaka, Zambia AIDS prevention and care management
Love in Action \$2,150	ARM (Africa Radio Ministry) \$10,775	CCBI \$2,000
Guadalajara, Mexico Medical and food assistance	Kampala, Uganda Programs for public service radio	Nairobi, Kenya AIDS prevention and care management
Calico Charities \$4,043	Anglican Children's Project \$2,833	Small Village Plan \$1,655
Zamora, Mexico Motivational programs for youth	Lusaka, Zambia Curative and preventative AIDS care services	Banjul, Gambia Community education and vocational training
Africa	Kwasha Mukwenu Women's Group \$4,500	STAND \$2,160
	Lusaka, Zambia Supporting AIDS orphans and caregivers	Dodoma, Tanzania Mobile prosthetic fabrication
Miles for Smiles \$30,952	Willie Mwale Film Foundation \$3,000	Accao Voluntario em Mocambique (AVM) \$1,137
Arusha, Tanzania Teacher training and preschool education	Lusaka, Zambia AIDS awareness film pre-production	Maputo, Mozambique Street children program

Micro Enterprise for AIDS victims

Matumaini, Durban, South Africa

Volunteers, under the guiding eye of Patience Mavata, run the Home of Life AIDS Hospice in Kwa-Zulu Natal. Sick people in the community are visited and taken care of, or if necessary, arrangements for hospitalization are made. The Home-Based Care workers wash and feed the sick, clean their homes and make sure that they take their medication regularly.

Due to their rural traditions, none of these Home-Based Care workers earn a salary for what they are doing. Their dedication and motivation comes from their heart.

In the community, there are many families who struggle for food, and suffer from the lack of it. Thus these volunteer Home-Based Care workers also distribute food, the widows and orphans being fed first.

To provide funding for these programs, a seed grant from Family Care Foundation coupled with the assistance and coordination of Durban-based FCF project Matumaini, allowed hospice overseer Patience Mavata and her volunteers to undertake creating beautiful handmade Zulu beaded crafts. From the sales of these necklaces, bracelets and other handcrafts, the volunteers can earn an income with dignity. All profits from the sales of these crafts go directly to the most needy in the community, as well as to cover the running expenses of the Hospice.



Patience Mavata (center) with the volunteer staff of the Hospice.



Handmade Zulu beadwork that generates income for AIDS hospice.

Russia and Eastern Europe**Love's Bridge Perm \$16,963**

Perm, Russia
Education and housing of street children

AIM (Astrakhan Initiative) \$7,350

Astrakhan, Russia
Education and housing of street children

Challenge Start-Up Team \$8,465

Kiev, Ukraine
Family/marriage seminars

FAVOR \$13,780

Bacau, Romania
Transitional home for orphan graduates

Balkans Relief Mission \$3,950

Sarajevo, Bosnia
Drug awareness program

Noi Orizonturi \$5,400

Bucharest, Romania
Orphanage improvements

Project CHARM \$2,875

Medjimurje, Croatia
Aid to handicapped children

Caring Hearts \$3,180

Budapest, Hungary
Programs for institutionalized children

Nordic Christian Help Org. \$5,000

Tangen, Norway
Humanitarian aid in Russia & Eastern Europe

Subtotal cash program support for 2003 \$464,589

Other grants and humanitarian aid \$132,213

For a GRAND TOTAL of \$596,802 in cash grants awarded in 2003.

Plus an additional \$2,081,715 of in-kind and other program support

Never underestimate the power of small targeted grants given at the grassroots level.

Homegrown Charity**Action in Focus, Nairobi, Kenya**

JAZA is more than a fledgling homegrown Kenyan charity with the goal to provide rehabilitation services for Nairobi's street families. Launched by a former street kid, JAZA is helping women & children find a better life through teaching alternate ways to make a living.

In East Africa, many cities suffer from an ever-growing problem of street children. Nairobi is no exception. Some children run away from poor homes, others are sent to the street by their parents to beg, while still others have no alternative, being orphaned due to AIDS or some other misfortune that has befallen their parents.

Wilfred, the founder of JAZA, lost his parents and lived on the streets until the age of 14. At that time he became one of the very small percent of the tens of thousands of street children fortunate enough to gain entrance to one of the limited number of rehabilitation centers available.

Wilfred was thankful for this opportunity of a lifetime, even though initially he was not used to the authority and regimentation required. He completed his primary education at the center and was sponsored to attend a local university.

As a result of his experiences, combined with the benefits of his newly acquired education, Wilfred determined that he wanted to do something with his life that would benefit others, so he launched JAZA with help from various sponsors in Nairobi.



A glimpse into the sad life of a Nairobi street child, collapsed on the sidewalk while the effects of sniffing household solvent wears off.



Wilfred (left), with members of Action in Focus, Nairobi, at the official opening of JAZA, the charity he launched.

Financial Highlights for 2003

Based on a Total Revenue of **\$3.1 Million**, FCF spent just under **\$2.7 Million** in charitable programs and services in 2003.

In keeping with our commitment to maintain low administrative costs, our total overhead for 2003 amounted to 13.7% of revenue.

North Korea - A Gigantic Prison Without Bars

Helping Hands Korea, Seoul, Korea

Since 1995, well over 2 million North Koreans have starved to death, and another 300,000 have fled to neighboring China in search of food and freedom from tyranny. While many Korean men end up finding jobs as cheap laborers in China, the women are often sold into temporary or long-term service as sexual slaves. The Chinese government has refused to grant the North Koreans official status as refugees, largely based on Beijing's traditional ties to the communist regime, as well as fears that such a designation would dramatically boost the already steady influx over the border.

Helping Hands Korea (HHK) supports food deliveries to North Korea (NK) where reliable monitoring is assured. HHK supports a number of "secret orphanages" for North Korean children in China, as well as when necessary assisting in evacuating them via the "underground railroad" to surrounding countries. Additionally, HHK channels financial resources to shelter, clothe, and feed NK refugees in China.

HHK Director Tim Peters has given Congressional testimony in Washington, DC on two occasions and sat on other expert panels in an advocacy role for North Korean human rights and humanitarian aid.

STATEMENT OF FINANCIAL POSITION

	2003	2002	2001
ASSETS			
Cash and Cash Equivalents	\$258,953	\$293,106	\$140,078
Fixed Assets	445,857	420,218	435,000
Other Assets	5,835	0	27,316
Accounts Receivable	0	29,785	10,800
Total Assets	\$710,645	\$743,109	\$613,194
LIABILITIES			
Accounts Payable	2,786	33,611	21,897
Deferred Revenue	0	0	2,148
Mortgage Payable	380,559	385,120	385,151
Total Liabilities	\$383,345	\$418,731	\$409,196
NET ASSETS			
Unrestricted Net Assets	188,991	212,035	78,089
Temporarily Restricted Net Assets	140,813	118,653	134,180
Subtotal Net Assets	\$329,804	\$330,688	\$212,269
Unrealized Gain/Loss on Securities	(2,504)	(6,310)	(8,271)
Total Net Assets	\$327,300	\$324,378	\$203,998
Total Liabilities and Net Assets	\$710,645	\$743,109	\$613,194

STATEMENT OF ACTIVITIES

	2003	2002	2001
INCOME			
Contributions/Grants	1,207,043	1,040,436	706,702
Donated Goods	1,852,769	1,924,906	1,059,966
Donated Investments	6,413	18,873	4,119
Exempt Purpose Sales	2,800	3,987	4,030
Interest Income	1,190	978	319
Dividend Income	1,966	2,564	2,108
Gain on Sale of Donated Securities	177	0	0
Loss on Sale of Investment	0	(9,829)	(1,060)
Other Income	30,163	31,656	15,741
Total Income	3,102,521	\$3,013,571	\$1,791,925
EXPENDITURES			
Missionary Support, Grants, and Allocations	596,802	405,002	389,031
Other Program Services	2,081,715	2,104,823	1,227,489
Total Program Services	\$2,678,517	\$2,509,825	\$1,616,520
Fund Raising Costs	366,179	335,468	73,878
Other Operating Costs	58,709	49,858	52,250
Total Support Services	\$424,888	\$385,326	\$126,128
As % of Revenue	13.69%	13%	7.03%
Total Expenditures	\$3,103,405	\$2,895,151	\$1,742,648
CHANGE IN NET ASSETS			
Change in Net Assets	(23,523)	118,420	49,277
Net Assets at Beginning of Year	212,036	212,268	162,991
Net Assets at End of Year	\$188,513	\$330,688	\$212,268

Addressing Early Education Teacher Training in East Africa

Miles for Smiles, Arusha, Tanzania

Arusha, dubbed “the Geneva of Africa” by Bill Clinton, is home to many diplomats and UN workers, and the base for many safari tours to national parks like Serengeti and Kilimanjaro.

“It was here,” share Mario and Sandra Bellaviti, FCF Project Managers of Miles for Smiles, “that we were offered a newly built school facility and established Silver Mountain Learning Center, a multi-cultural kindergarten for children from various countries, which evolved into a teacher training center steeping teachers in early childhood education methods. Together with a close friend, the former administrator of a prestigious Arusha school, we organized seminars for teachers from cities and villages across the country. Current plans involve the training of 12,000 teachers.”

The curriculum is based on the Steps program, a Christian character-building program designed especially for African schools, and the approach one of practicality. “In the mornings we major on classes that provide practical advice, and in the afternoons we host workshops, with question-and-answer sessions,” adds Sandra.

“With the support and training we receive via Family Care Foundation we are able to focus our years of experience in the field of education to meet a desperate educational and spiritual void.”



Silver Mountain Learning Center nestled in Tanzanian town of Arusha provides a resource for focusing on the needs of village school development.



The “Steps” curriculum of Silver Mountain Learning Center is a character-building program designed especially for African schools.

Rebuilding Social Bonds

Healing Hearts, Kosovo

Healing Hearts Kosovo promotes reconciliation between different ethnic groups in the former Yugoslavia, helping minority groups to overcome their sense of isolation. The program focuses on projects for children and young people designed to involve them in their communities and rebuild social bonds destroyed through years of war and ethnic violence.

Healing Hearts Kosovo reports, “At a UN-sponsored multi-ethnic camp that we participate in each year, held at a ski resort high in the mountains that border Kosovo and Macedonia, the young people attending, ranging from 12 to 17 years of age, engage in sports and other activities intended to foster reconciliation and tolerance of the other ethnic groups.”

During the last week of the camp, a group of VIPs from the UN, OSCE, and KFOR came to visit the project. They entered the activity room in the midst of our multi-ethnic group singing “The Prayer of St. Francis” which invokes us to become instruments of God’s peace. It was a touching moment, the rendition delivered so wholeheartedly, that these high-ranking officials decided to stay longer and watch our “Change the World” drama, centering on changing the world, one person at a time.

When the speeches were made later that day, one official mentioned repeatedly that their desire was for all the young people to ‘go change the world’ when the camp finished.



Teens from the former Yugoslavia gathered for a multi-ethnic camp designed to help minority groups overcome their sense of isolation.



Participating in informal activities intended to foster reconciliation and tolerance of other ethnic groups.

*Caring for today
Investing in tomorrow*



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Above photo: Distributing clothing, food, school and medical needs to Palong children, Thailand.

Cover photo: FCF Project Manager Deborah Ekner with Padaung tribal women in northern Thailand.